

Subject Line: 5 Summer safety essentials to know.

Preheader text: Check out the next webinar.



Stay safe and healthy this summer.

Keep these tips in mind:¹

- Apply sunscreen regularly
- Stay hydrated
- Use bug repellent
- Wear a helmet when bicycling
- Monitor swimmers

Skin cancer is the most common cancer.
Join our webinar to learn more



A safe and savvy summer - July 21, 2020

9:00 AM CT | 11:30 AM CT | 3:30 PM CT

Fun in the sun can come with some health risks — and that means more than a bad burn. Learn how you can spot issues like skin cancer so you can be sun safe.

Register now

Have questions? Just give us a call at 1-888-741-3390 from 8:00 AM through 8:00 PM, CT, Monday through Friday.

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ActiveHealth Management, P.O. Box 221138, Chantilly, VA 20151-1138

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Sources:

1. National Safety Council, "Summer Safety Tips," accessed May 6, 2020, <https://www.nsc.org/home-safety/tools-resources/seasonal-safety/summer>